

Menu Name : PiMS Arts High School Grades 9-12 Lunch Menu		Options Provided : Hot & Hot Vegetarian Meals	
Grade Level / Age Group : 9-12 Grades		Meal Pattern : NSLP Meal : Lunch	
<b>JANUARY - 2025</b>			

<b>Hot Meals</b>	<p><b>COLOR YOUR TRAY: The Power of Fruits in School Meals</b></p> <p>From fresh and frozen to canned, dried and 100% juice, all forms of fruit have a place on our school meal menus. Whether it's enjoying a juicy pear at lunch or enjoying a handful of raisins as a snack, every fruit choice contributes to one's overall health and well-being.</p> <p>Fruit is packed with essential vitamins, minerals and antioxidants that promote overall health and well-being. Whether it's the vitamin C boost from citrus fruits, the potassium-rich goodness of bananas or the fiber-packed sweetness of apples, each fruit offers its unique nutritional benefits. By incorporating a variety of fruits into our school meals, we provide students with a range of nutrients to help them thrive both in and out of the classroom.</p>	Wednesday, January 1, 2025	Thursday, January 2, 2025	Friday, January 3, 2025	<b>Week I</b>
		<p><b>All Beef Hot Dog</b></p> <p>WG Hot Dog Bun, Ketchup &amp; Mustard</p> <p>Assorted Salad Bar</p> <p>Vanilla Wafers</p> <p>Bananas &amp; Choice Milk</p>	<p><b>Turkey Sausage &amp; Waffle Sliders</b></p> <p>Easy Bite Mini Waffles w/ Syrup &amp; Turkey Sausage Patties</p> <p>Assorted Salad Bar</p> <p>Frozen Fruit Cup</p> <p>100% Fruit Juice Box &amp; Choice Milk</p>	<p><b>Pizza Hand Pie</b></p> <p>Assorted Salad Bar</p> <p>Large Crisp Varietal Apple</p> <p>Choice Milk</p> <p>Animal Crackers</p>	
Hot Veg		<i>Cheese Hot Pocket w/ Dipping Sauce</i>	<i>Cheesy Quesadilla</i>	<i>Veggie &amp; Cheese Lasagna</i>	

<b>Hot Meals</b>	Monday, January 6, 2025	Tuesday, January 7, 2025	Wednesday, January 8, 2025	Thursday, January 9, 2025	Friday, January 10, 2025	<b>Week II</b>
	<p><b>Soft Shell Tortilla Taco</b></p> <p>WG Tortilla, Taco Seasoned Beef, Shred Cheese &amp; Crema</p> <p>Assorted Salad Bar</p> <p>Chilled Peaches &amp; 100% Fruit Juice Box</p> <p>Scooby Grahams &amp; Choice Milk</p>	<p><b>Chili Chicken Drumstick</b></p> <p>Seasoned Rice</p> <p>Assorted Salad Bar</p> <p>Chilled Fruit Cocktail</p> <p>100% Fruit Juice Box &amp; Choice Milk</p>	<p><b>Mozzarella Burger</b></p> <p>Ketchup</p> <p>Assorted Salad Bar</p> <p>Bananas</p> <p>Wheat Crackers &amp; Choice Milk</p>	<p><b>Premium Chicken Nuggets &amp; Ranch</b></p> <p>WG Dinner Roll</p> <p>Assorted Salad Bar</p> <p>Frozen Fruit Cup</p> <p>100% Fruit Juice Box &amp; Choice Milk</p>	<p><b>Fresh Baked Pizza Slice</b></p> <p>Assorted Salad Bar</p> <p>Large Crisp Varietal Apple</p> <p>Choice Milk</p>	
Hot Veg	<i>Bean &amp; Cheese Burrito</i>	<i>Pizza Crunchers</i>	<i>Garden Mozzarella Burger w/Ketchup</i>	<i>Easy-Cheesy Pull Aparts</i>	<i>Fresh Hot Cheese Pizza</i>	

<b>Hot Meals</b>	Monday, January 13, 2025	Tuesday, January 14, 2025	Wednesday, January 15, 2025	Thursday, January 16, 2025	Friday, January 17, 2025	<b>Week III</b>
	<p><b>Crunch Wrap</b></p> <p>Wg Tortilla, Spicy Chicken Tenders</p> <p>Shred Cheese &amp; Boom Sauce</p> <p>Assorted Salad Bar</p> <p>Chilled Peaches, 100% Fruit Juice Box &amp; Choice Milk</p>	<p><b>Classic Beef Sloppy Joe</b></p> <p>Traditional Sloppy Joe meat served on WG Bun &amp; Shred Cheese served on side</p> <p>Assorted Salad Bar</p> <p>Chilled Fruit Cocktail</p> <p>Flamas, 100% Fruit Juice Box &amp; Choice Milk</p>	<p><b>Sichuan Chicken</b></p> <p>Steamed Seasoned Rice</p> <p>Assorted Salad Bar</p> <p>Bananas</p> <p>Choice Milk</p>	<p><b>Italiano Rosy Alfredo Pasta Bake</b></p> <p>WG Penne Rosa w/ Grilled Chicken</p> <p>Assorted Salad Bar</p> <p>Frozen Fruit Cup</p> <p>Wafers, 100% Fruit Juice Box &amp; Choice Milk</p>	<p><b>Brunch Lunch</b></p> <p>French Toast Sticks &amp; Syrup</p> <p>Assorted Salad Bar</p> <p>Large Crisp Varietal Apple</p> <p>Choice Milk</p>	
Hot Veg	<i>Fluffy Omelet, Buttermilk Pancakes &amp; Syrup</i>	<i>Cheesy Quesadilla</i>	<i>French Bread</i>	<i>Veg Garden Nuggets w/ Ketchup</i>	<i>Multi Cheese Croissant Sandwich</i>	

<b>Hot Meals</b>	Monday, January 20, 2025	Tuesday, January 21, 2025	Wednesday, January 22, 2025	Thursday, January 23, 2025	Friday, January 24, 2025	<b>Week IV</b>
	<p><b>Spicy Coco-Lime Chicken Drumstick</b></p> <p>Warm Seasoned Rice</p> <p>Assorted Salad Bar</p> <p>Chilled Peaches</p> <p>100% Fruit Juice Box &amp; Choice Milk</p>	<p><b>Chicken Enchilada Crunch Lunch</b></p> <p>Seasoned Chicken Enchilada with Fritos Corn Chips for a crunchy base   Served with Cheese on side</p> <p>Chilled Fruit Cocktail &amp; Assorted Salad Bar</p> <p>Mixed Berry Grahams, 100% Fruit Juice Box &amp; Choice Milk</p>	<p><b>The Cheeseburger</b>, that Never Gets Old-Fashioned</p> <p>WG Bun, Cheese Slice &amp; Ketchup</p> <p>Crispy Ranch Crackers</p> <p>Assorted Salad Bar</p> <p>Bananas &amp; Choice Milk</p>	<p><b>Golden Corn Dog</b></p> <p>WG Chicken Corn Dog served with Ketchup</p> <p>Waffles</p> <p>Assorted Salad Bar &amp; Frozen Fruit Cup</p> <p>100% Fruit Juice Box &amp; Choice Milk</p>	<p><b>Fresh Baked Pizza Slice</b></p> <p>Assorted Salad Bar</p> <p>Large Crisp Varietal Apple</p> <p>Choice Milk</p>	
Hot Veg	<i>Cheese Mostaccioli &amp; WG Roll</i>	<i>Easy-Cheesy Pull Aparts</i>	<i>Mac &amp; Cheese Bites w/ Ranch</i>	<i>Cheese Calzone</i>	<i>Fresh Hot Cheese Pizza</i>	

<b>Hot Meals</b>	Monday, January 27, 2025	Tuesday, January 28, 2025	Wednesday, January 29, 2025	Thursday, January 30, 2025	Friday, January 31, 2025	<b>Week V</b>
	<p><b>Spicy Chicken Tenders &amp; Youza Sauce</b></p> <p>Assorted Salad Bar</p> <p>Chilled Peaches</p> <p>WG Roll</p> <p>100% Fruit Juice Box &amp; Choice Milk</p>	<p><b>Walking Taco</b></p> <p>Beef Taco Meat, Nacho Cheese Doritos, Shred Cheese &amp; Crema</p> <p>Assorted Salad Bar</p> <p>Chilled Fruit Cocktail</p> <p>Vanilla Chat-Snax, 100% Fruit Juice Box &amp; Choice Milk</p>	<p><b>Chinese Teriyaki Chicken</b></p> <p>Steamed Seasoned Rice</p> <p>Assorted Salad Bar</p> <p>Bananas</p> <p>Choice Milk</p>	<p><b>Hot Honey Beef Noodles</b></p> <p>Assorted Salad Bar</p> <p>Frozen Fruit Cup</p> <p>Choice Milk</p> <p>100% Fruit Juice Box</p>	<p><b>Cheese Hot Pocket</b></p> <p>Warm Red Sauce</p> <p>Assorted Salad Bar</p> <p>Large Crisp Varietal Apple</p> <p>Grahams &amp; Choice Milk</p>	
Hot Veg	<i>Fluffy Omelet, Buttermilk Pancakes &amp; Syrup</i>	<i>Bean &amp; Cheese Pupusa w/ Boom Sauce</i>	<i>Stuffed Rigatoni &amp; Grahams</i>	<i>French Pizza Bread</i>	<i>Multi Cheese Croissant Sandwich</i>	

\*\*\* Hot Vegetarian meals are served with vegetables, fruit of the day & milk.

Skim & 1% milk served daily.

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

This menu is 100% pork-free.

All rice dishes /rice products are made of whole grain brown rice.



FEBRUARY 2025 Menu (Subject to Change)						
	Monday, February 3, 2025	Tuesday, February 4, 2025	Wednesday, February 5, 2025	Thursday, February 6, 2025	Friday, February 7, 2025	
<b>Hot Meals</b>	<b>Buffalo Chicken Nuggets</b>	<b>BBQ Meatballs</b>	<b>Asian Chow Mein Bowl</b>	<b>Spicy Chicken Patty Sandwich</b>	<b>Fresh Baked Pizza Slice</b>	<b>Week VI</b>
	Ranch Dip	Mashed Potatoes	Whole Grain Chow Mein Noodles with Asian Sesame Chicken	WG Bun & Ketchup	Assorted Salad Bar	
	Dill Cobber Crackers	Assorted Salad Bar	Assorted Salad Bar	Assorted Salad Bar	Large Crisp Varietal Apple	
	Assorted Salad Bar	WG Roll & Birthday Cake Grahams	Bananas	Frozen Fruit Cup	Choice Milk	
Chilled Peaches, 100% Fruit Juice Box & Choice Milk	Chilled Fruit Cocktail, 100% Fruit Juice Box & Choice Milk	Choice Milk	Hot Cheetos, 100% Fruit Juice Box & Choice Milk			
<i>Hot Veg</i>	<i>Twisty Stuffed Breadsticks w/ Dip</i>	<i>Veggie Garden Burger w/Ketchup</i>	<i>Big Daddy's French Pizza Bread</i>	<i>Grilled Cheese Sandwich</i>	<i>Fresh Hot Cheese Pizza</i>	
	Monday, February 10, 2025	Tuesday, February 11, 2025	Wednesday, February 12, 2025	Thursday, February 13, 2025	Friday, February 14, 2025	
<b>Hot Meals</b>	<b>CKC Chef's Texas Burger w/American Cheese Slice</b>	<b>General Tso Chicken</b>	<b>All Beef Hot Dog</b>	<b>Turkey Sausage &amp; Waffle Sliders</b>	<b>Pizza Hand Pie</b>	<b>Week I</b>
	WG Ranch Crackers	Steamed Brown Rice	WG Hot Dog Bun, Ketchup & Mustard	Easy Bite Mini Waffles w/ Syrup & Turkey Sausage Patties	Assorted Salad Bar	
	Assorted Salad Bar	Assorted Salad Bar	Potato Stix & Ketchup	Assorted Salad Bar	Large Crisp Varietal Apple	
	Chilled Peaches	Chilled Fruit Cocktail	Assorted Salad Bar	Frozen Fruit Cup	Choice Milk	
100% Fruit Juice Box & Choice Milk	100% Fruit Juice Box & Choice Milk	Bananas & Choice Milk	100% Fruit Juice Box & Choice Milk	Animal Crackers		
<i>Hot Veg</i>	<i>Vegetarian Croissant Sandwich</i>	<i>Pizza Crunchers</i>	<i>Cheese Hot Pocket w/ Dipping Sauce</i>	<i>Cheesy Quesadilla</i>	<i>Veggie &amp; Cheese Lasagna</i>	