

Menu Name : PiMS Arts High School Grades 9-12 Lunch Menu		Options Provided : Hot, Hot Vegetarian Meals	
Grade Level / Age Group : 9-12 Grades		Meal Pattern : NSLP	
		Meal : Lunch	

Building Lunch Menus Students Love		Friday, November 1, 2024
Hot Meals	<p>According to the USDA, schools are responsible for about 530,000 tons of discarded food (excluding milk) annually. We can only nourish students if they eat the meals we provide.</p> <p>We create menus to hold students' interest throughout the year. We include a mix of long-time favorite meals as well as trendier foods that expose students to new flavors and cultures. Each week, we offer healthy whole grains, different proteins and a variety of fruits and vegetables to prevent boredom. We continually monitor the popularity of meals and replace those that are less popular with new ones to inspire joyful eaters. We also let students choose from multiple daily options rather than forcing everyone to take something they may not like.</p> <p>These measures help ensure our meals feed more students and fewer trash cans.</p>	<b>Fresh Baked Pizza Slice</b> Assorted Salad Bar Large Crisp Varietal Apple Choice Milk
		Fresh Hot Cheese Pizza
Hot Veg		

	Monday, November 4, 2024	Tuesday, November 5, 2024	Wednesday, November 6, 2024	Thursday, November 7, 2024	Friday, November 8, 2024
Hot Meals	<b>Spicy Chicken Tenders &amp; Youza Sauce</b> Assorted Salad Bar Chilled Peaches WG Roll 100% Fruit Juice Box & Choice Milk	<b>Walking Taco</b> Beef Taco Meat, Nacho Cheese Doritos, Shred Cheese & Crema Assorted Salad Bar Chilled Fruit Cocktail Vanilla Chat-Snax, 100% Fruit Juice Box & Choice Milk	<b>Chinese Teriyaki Chicken</b> Steamed Seasoned Rice Assorted Salad Bar Bananas Choice Milk	<b>Hot Honey Beef Noodles</b> Assorted Salad Bar Fresh Orange Choice Milk 100% Fruit Juice Box	<b>Cheese Hot Pocket</b> Warm Red Sauce Assorted Salad Bar Large Crisp Varietal Apple Grahams & Choice Milk
Hot Veg	Fluffy Omelet, Buttermilk Pancakes & Syrup	Bean & Cheese Pupusa w/ Boom Sauce	Stuffed Rigatoni & Grahams	French Pizza Bread	Multi Cheese Croissant Sandwich

	Monday, November 11, 2024	Tuesday, November 12, 2024	Wednesday, November 13, 2024	Thursday, November 14, 2024	Friday, November 15, 2024
Hot Meals	<b>Buffalo Chicken Nuggets</b> Ranch Dip Dill Cobber Crackers Assorted Salad Bar Chilled Peaches, 100% Fruit Juice Box & Choice Milk	<b>BBQ Meatballs</b> Mashed Potatoes Assorted Salad Bar WG Roll & Birthday Cake Grahams Chilled Fruit Cocktail, 100% Fruit Juice Box & Choice Milk	<b>Asian Chow Mein Bowl</b> Whole Grain Chow Mein Noodles with Asian Sesame Chicken Assorted Salad Bar Bananas Choice Milk	<b>Spicy Chicken Patty Sandwich</b> WG Bun & Ketchup Assorted Salad Bar Fresh Orange Hot Cheetos, 100% Fruit Juice Box & Choice Milk	<b>Fresh Baked Pizza Slice</b> Assorted Salad Bar Large Crisp Varietal Apple Choice Milk
Hot Veg	Twisty Stuffed Breadsticks w/ Dip	Veggie Garden Burger w/Ketchup	Big Daddy's French Pizza Bread	Grilled Cheese Sandwich	Fresh Hot Cheese Pizza

	Monday, November 18, 2024	Tuesday, November 19, 2024	Wednesday, November 20, 2024	Thursday, November 21, 2024	Friday, November 22, 2024
Hot Meals	<b>CKC Chef's Texas Burger w/American Cheese Slice</b> WG Ranch Crackers Assorted Salad Bar Chilled Peaches 100% Fruit Juice Box & Choice Milk	<b>General Tso Chicken</b> Steamed Brown Rice Assorted Salad Bar Chilled Fruit Cocktail 100% Fruit Juice Box & Choice Milk	<b>All Beef Hot Dog</b> WG Hot Dog Bun, Ketchup & Mustard Assorted Salad Bar Vanilla Wafers Bananas & Choice Milk	<b>Turkey Sausage &amp; Waffle Sliders</b> Easy Bite Mini Waffles w/ Syrup & Turkey Sausage Patties Assorted Salad Bar Fresh Orange 100% Fruit Juice Box & Choice Milk	<b>Pizza Hand Pie</b> Assorted Salad Bar Large Crisp Varietal Apple Choice Milk Animal Crackers
Hot Veg	Vegetarian Croissant Sandwich	Pizza Crunchers	Cheese Hot Pocket w/ Dipping Sauce	Cheesy Quesadilla	Veggie & Cheese Lasagna

	Monday, November 25, 2024	Tuesday, November 26, 2024	Wednesday, November 27, 2024	Thursday, November 28, 2024	Friday, November 29, 2024
Hot Meal	<b>Soft Shell Tortilla Taco</b> WG Tortilla, Taco Seasoned Beef, Shred Cheese & Crema Assorted Salad Bar Chilled Peaches & 100% Fruit Juice Box Scooby Grahams & Choice Milk	<b>Chili Chicken Drumstick</b> Seasoned Rice Assorted Salad Bar Chilled Fruit Cocktail 100% Fruit Juice Box & Choice Milk	<b>Mozzarella Burger</b> Ketchup Assorted Salad Bar Bananas Wheat Crackers & Choice Milk	<b>Premium Chicken Nuggets &amp; Ranch</b> WG Dinner Roll Assorted Salad Bar Fresh Orange 100% Fruit Juice Box & Choice Milk	<b>Fresh Baked Pizza Slice</b> Assorted Salad Bar Large Crisp Varietal Apple Choice Milk
Hot Veg	Bean & Cheese Burrito	Pizza Crunchers	Garden Mozzarella Burger w/Ketchup	Easy-Cheesy Pull Aparts	Fresh Hot Cheese Pizza

\*\*\* Hot Vegetarian meals are served with vegetables, fruit of the day & milk.

Skim & 1% milk served daily.

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

This menu is 100% pork-free.

All rice dishes /rice products are made of whole grain brown rice.

**DECEMBER 2024 Menu** (Subject to Change)

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	Monday, December 2, 2024	Tuesday, December 3, 2024	Wednesday, December 4, 2024	Thursday, December 5, 2024	Friday, December 6, 2024
<b>Hot Meal</b>	<b>Crunch Wrap</b>	<b>Cheesy Beef Joe (Taste Test Winner)</b>	<b>Sichuan Chicken</b>	<b>Italiano Rosy Alfredo Pasta Bake</b>	<b>Brunch Lunch</b>
	Wg Tortilla, Spicy Chicken Tenders	CKC's Cheesy Twist on a Beef Joe	Steamed Seasoned Rice	WG Penne Rosa w/ Grilled Chicken	French Toast Sticks & Syrup
	Shred Cheese & Boom Sauce	Assorted Salad Bar	Assorted Salad Bar	Assorted Salad Bar	Assorted Salad Bar
	Assorted Salad Bar	Chilled Fruit Cocktail	Bananas	Fresh Orange	Large Crisp Varietal Apple
	Chilled Peaches, 100% Fruit Juice Box & Choice Milk	Flamas, 100% Fruit Juice Box & Choice Milk	Choice Milk	Wafers, 100% Fruit Juice Box & Choice Milk	Choice Milk
Hot Veg	Fluffy Omelet, Buttermilk Pancakes & Syrup	Cheesy Quesadilla	French Bread	Stuffed Rigatoni	Multi Cheese Croissant Sandwich
	Monday, December 9, 2024	Tuesday, December 10, 2024	Wednesday, December 11, 2024	Thursday, December 12, 2024	
<b>Hot Meal</b>	<b>Spicy Coco-Lime Chicken Drumstick</b>	<b>Cheddar Nachos</b>	<b>The Cheeseburger</b> , that Never Gets Old-Fashioned	<b>Golden Corn Dog</b>	
	Warm Seasoned Rice	Scoop the Creamy Melted Chz & Chix Nachos with Corn Chips for the 'Oh, so, yummy' Crunch	WG Bun, Cheese Slice & Ketchup	WG Chicken Corn Dog served with Ketchup	
	Assorted Salad Bar	Chilled Fruit Cocktail & Assorted Salad Bar	Crispy Ranch Crackers	Potato Stix & Ketchup	
	Chilled Peaches	Mixed Berry Grahams, 100% Fruit Juice Box & Choice Milk	Assorted Salad Bar	Assorted Salad Bar & Fresh Orange	
	100% Fruit Juice Box & Choice Milk		Bananas & Choice Milk	100% Fruit Juice Box & Choice Milk	
Hot Veg	Easy-Cheesy Pull Aparts	Garden Burger w/Mayo	Creamy Mac & Cheese & Grahams	Cheese Calzone	