

Menu Name : PiMS Arts High School Grades 9-12 Lunch Menu		Options Provided : Hot, Hot Vegetarian Meals		
Grade Level / Age Group : 9-12 Grades		Meal Pattern : NSLP		
September - 2024				
Monday, September 2, 2024		Tuesday, September 3, 2024		Wednesday, September 4, 2024
Hot Meal	Soft Shell Tortilla Taco	Chili Chicken Drumstick	Mozzarella Burger	Premium Chicken Nuggets & Ranch
	WG Tortilla, Taco Seasoned Beef, Shred Cheese & Crema	Seasoned Rice	Ketchup	WG Dinner Roll
	Assorted Salad Bar	Assorted Salad Bar	Assorted Salad Bar	Assorted Salad Bar
	Fresh Orange & 100% Fruit Juice Box	Chilled Fruit Cocktail	Bananas	Fresh Watermelon Cubes
	Scooby Grahams & Choice Milk	100% Fruit Juice Box & Choice Milk	Wheat Crackers & Choice Milk	100% Fruit Juice Box & Choice Milk
Hot Veg	Bean & Cheese Burrito	Pizza Crunchers	Garden Mozzarella Burger w/Ketchup	Easy-Cheesy Pull Aparts
Monday, September 9, 2024		Tuesday, September 10, 2024		Wednesday, September 11, 2024
Hot Meal	Crunch Wrap	Cheesy Joe (Taste Test Winner)	Sichuan Chicken	Italiano Rosy Alfredo Pasta Bake
	Wg Tortilla, Spicy Chicken Tenders	CKC's Cheesy Twist on a Beef Joe	Steamed Seasoned Rice	WG Penne Rosa w/ Grilled Chicken
	Shred Cheese & Boom Sauce	Assorted Salad Bar	Assorted Salad Bar	Assorted Salad Bar
	Assorted Salad Bar	Chilled Fruit Cocktail	Bananas	Fresh Watermelon Cubes
	Fresh Orange, 100% Fruit Juice Box & Choice Milk	Flamas, 100% Fruit Juice Box & Choice Milk	Choice Milk	Wafers, 100% Fruit Juice Box & Choice Milk
Hot Veg	Fluffy Omelet, Buttermilk Pancakes & Syrup	Cheesy Quesadilla	French Bread	Stuffed Rigatoni
Monday, September 16, 2024		Tuesday, September 17, 2024		Wednesday, September 18, 2024
Hot Meal	Spicy Coco-Lime Chicken Drumstick	Cheddar Nachos	The Cheeseburger , that Never Gets Old-Fashioned	Golden Corn Dog
	Warm Seasoned Rice	Scoop the Creamy Melted Chz & Chix Nachos with Corn Chips for the 'Oh, so, yummy' Crunch	WG Bun, Cheese Slice & Ketchup	WG Chicken Corn Dog served with Ketchup
	Assorted Salad Bar	Chilled Fruit Cocktail & Assorted Salad Bar	Crispy Ranch Crackers	Potato Stix & Ketchup
	Fresh Orange	Mixed Berry Grahams, 100% Fruit Juice Box & Choice Milk	Assorted Salad Bar	Assorted Salad Bar & Fresh Watermelon Cubes
	100% Fruit Juice Box & Choice Milk	Bananas & Choice Milk	Bananas & Choice Milk	100% Fruit Juice Box & Choice Milk
Hot Veg	Easy-Cheesy Pull Aparts	Garden Burger w/Mayo	Creamy Mac & Cheese& Grahams	Cheese Calzone
Monday, September 23, 2024		Tuesday, September 24, 2024		Wednesday, September 25, 2024
Hot Meal	Spicy Chicken Tenders & Youza Sauce	Walking Taco	Chinese Teriyaki Chicken	Hot Honey Beef Noodles
	Assorted Salad Bar	Beef Taco Meat, Nacho Cheese Doritos, Shred Cheese & Crema	Steamed Seasoned Rice	Assorted Salad Bar
	Fresh Orange	Assorted Salad Bar	Assorted Salad Bar	Fresh Watermelon Cubes
	WG Roll	Chilled Fruit Cocktail	Bananas	Choice Milk
	100% Fruit Juice Box & Choice Milk	Vanilla Chat-Snax, 100% Fruit Juice Box & Choice Milk	Choice Milk	100% Fruit Juice Box
Hot Veg	Fluffy Omelet, Buttermilk Pancakes & Syrup	Bean & Cheese Pupusa w/ Boom Sauce	Stuffed Rigatoni & Grahams	French Pizza Bread
Monday, September 30, 2024		CKC Good Food Dictionary		
Hot Meal	Buffalo Chicken Nuggets	When we say 'House-made', it is truly made 'In-House' from scratch		
	Ranch Dip	Our house-made sauces are examples of our chefs' creativity. Our ranch dressing, creamy Italian dip & boom, yowza and tzatziki sauces are not prepackaged products available to any food service program. They are all our own recipes, developed from a proprietary combination of bases and herbs, to complement the entrees and vegetables with which they are served. Each recipe is tailored to enhance the foods with which they are served.		
	Dill Cobber Crackers	<ul style="list-style-type: none"> •Ranch: We have multiple varieties of the dressing we call, "ranch," each with a slightly different herby profile of the well-known staple. •Italian Dip: When marinara sauce isn't quite enough, we have our creamy Italian dip to serve alongside our twisted cheesy bread items. •Boom Sauce: A little spicy and citrusy, our boom sauce is a much-loved accompaniment to our Mexican meals. •Yowza Sauce: Yowza, as in "wowza, this is good!", adds a little kick to our spicy Southwestern meals. •Tzatziki Sauce: This yogurt sauce draws out the flavors in entrees like our Greek bowl. 		
	Assorted Salad Bar			
	Fresh Orange, 100% Fruit Juice Box & Choice Milk			
Hot Veg	Twisty Stuffed Breadsticks w/ Dip			

*** Hot Vegetarian meals are served with vegetables, fruit of the day & milk.

Skim & 1% milk served daily.

All bread / bread products / chips / tortillas / pastas listed in the menu are whole grain products.

The menus are 100% pork-free.

All rice dishes / rice products are made of whole grain brown rice.

OCTOBER 2024 Menu (Subject to Change)

		Tuesday, October 1, 2024	Wednesday, October 2, 2024	Thursday, October 3, 2024	Friday, October 4, 2024		
Hot Meal		BBQ Meatballs Mashed Potatoes Assorted Salad Bar WG Roll & Birthday Cake Grahams Chilled Fruit Cocktail, 100% Fruit Juice Box & Choice Milk	Asian Chow Mein Bowl <i>Whole Grain Chow Mein Noodles with Asian Sesame Chicken</i> Assorted Salad Bar Bananas Choice Milk	Spicy Chicken Patty Sandwich WG Bun & Ketchup Assorted Salad Bar Fresh Watermelon Cubes Hot Cheetos, 100% Fruit Juice Box & Choice Milk	Fresh Baked Pizza Slice Assorted Salad Bar Large Crisp Varietal Apple Choice Milk	Week V	
	Hot Veg	<i>Veggie Garden Burger w/Ketchup</i>	<i>Big Daddy's French Pizza Bread</i>	<i>Grilled Cheese Sandwich</i>	<i>Fresh Hot Cheese Pizza</i>		
		Monday, October 7, 2024	Tuesday, October 8, 2024	Wednesday, October 9, 2024	Thursday, October 10, 2024	Friday, October 11, 2024	
Hot Meal		CKC Chef's Texas Burger w/American Cheese Slice WG Ranch Crackers Assorted Salad Bar Fresh Orange 100% Fruit Juice Box & Choice Milk	General Tso Chicken Steamed Brown Rice Assorted Salad Bar Chilled Fruit Cocktail 100% Fruit Juice Box & Choice Milk	All Beef Hot Dog WG Hot Dog Bun, Ketchup & Mustard Assorted Salad Bar Vanilla Wafers Bananas & Choice Milk	Turkey Sausage & Waffle Sliders <i>Easy Bite Mini Waffles w/ Syrup & Turkey Sausage Patties</i> Assorted Salad Bar Fresh Watermelon Cubes 100% Fruit Juice Box & Choice Milk	Pizza Hand Pie Assorted Salad Bar Large Crisp Varietal Apple Choice Milk Animal Crackers	Week I
	Hot Veg	<i>Vegetarian Croissant Sandwich</i>	<i>Pizza Crunchers</i>	<i>Cheese Hot Pocket w/ Dipping Sauce</i>	<i>Cheesy Quesadilla</i>	<i>Veggie & Cheese Lasagna</i>	